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Dear Families,

We are making E-Safety high priority at St. Mary's this year, and are using the document 'Education for a Connected World' by the UK Council for Internet Safety to help structure our lessons and discussions.

Each half term, we will focus on a different strand of online safety:



### Self-image and identity

This strand explores the differences between online and offline identity beginning with self-awareness, shaping online identities and media influence in propagating stereotypes. It identifies effective routes for reporting and support and explores the impact of online technologies on self-image and behaviour.



### Online relationships

This strand explores how technology shapes communication styles and identifies strategies for positive relationships in online communities. It offers opportunities to discuss relationships, respecting, giving and denying consent and behaviours that may lead to harm and how positive online interaction can empower and amplify voice.



### Online reputation

This strand explores the concept of reputation and how others may use online information to make judgements. It offers opportunities to develop strategies to manage personal digital content effectively and capitalise on technology's capacity to create effective positive profiles.



### Online bullying

This strand explores bullying and other online aggression and how technology impacts those issues. It offers strategies for effective reporting and intervention and considers how bullying and other aggressive behaviour relates to legislation.



### Managing online information

This strand explores how online information is found, viewed and interpreted. It offers strategies for effective searching, critical evaluation of data, the recognition of risks and the management of online threats and challenges. It explores how online threats can pose risks to our physical safety as well as online safety. It also covers learning relevant to ethical publishing.



### Health, well-being and lifestyle

This strand explores the impact that technology has on health, well-being and lifestyle e.g. mood, sleep, body health and relationships. It also includes understanding negative behaviours and issues amplified and sustained by online technologies and the strategies for dealing with them.



### Privacy and security

This strand explores how personal online information can be used, stored, processed and shared. It offers both behavioural and technical strategies to limit impact on privacy and protect data and systems against compromise.



### Copyright and ownership

This strand explores the concept of ownership of online content. It explores strategies for protecting personal content and crediting the rights of others as well as addressing potential consequences of illegal access, download and distribution.

This half term, we are talking to your children about self-image and identity. In KS1, we want children to recognise that people both online and offline can sometimes make others feel sad, embarrassed or upset. We want children to understand who they can speak to if they become worried, uncomfortable or frightened by anything they encounter online. Children in KS1 will also be able to explain how people may look and act differently online and offline.

In KS2, children will think about how people can represent themselves in different ways online and will question why some people sometimes pretend to be something or someone different online. In upper KS2, we will discuss how identity online can be copied, modified or altered and demonstrate how to make responsible choices about having an online identity (through gaming etc).

The BBC Own It website contains some great resources for both children and parents. This link contains some useful information to enable you to support your child in making the most of their lives online:

<https://www.bbc.com/ownit/dont-panic/support-for-parents-and-guardians>

In addition, the Stockport Online Safety Hub is now live and can be accessed here:

<https://stockport.onlinesafetyhub.uk/>

This is a new online resource with lots of expert advice and guidance to help you manage your child's safety online as a parent. It includes information on the latest topics when it comes to keeping children safe, such as how to manage your child's screen time, understand the latest gaming platforms, what they mean for your child's safety and lots more.

### **Save the date!**

Stockport LA are running an online E-Safety workshop on **Monday 11<sup>th</sup> November, 6:30-7:30pm**. A link will be sent to you in due course. This will be dedicated to helping parents and carers understand the risks their children face in their online lives and the practical things families can do to help. The workshop will contain information on the latest themes and trends your child may be accessing, the harmful content they may be exposed to and how you can help them safely navigate risk. There will be information on how to get the most out of the new Stockport Online Safety Hub, and an introduction to a parental app that allows you to control what your child sees online.

Let's support each other in helping to keep your children safe online by having the important conversations and ensuring children are able to make safe choices.

Thank you for your continued support,  
Mrs Burns  
(Computing Lead)